

OCTOBER 2026



NATIONAL SCHOOL LUNCH WEEK

Get ready for a spectacular week of fun! National School Lunch Week will be celebrated October 12-16! This year's theme is "Cafeteria Circus: Where Nutrition Takes Center Stage!" The theme recognizes the incredible work of school nutrition professionals who help fuel student success every day. We are excited to celebrate National School Lunch Week with everyone at school and shine a spotlight on the healthy, delicious meals served in our cafeterias.

NDS will be hosting a Placemat Design Contest and a Slogan Contest with prizes for the winners! Be sure to watch for more information and start thinking about your best circus-themed ideas.

Make sure to grab a balanced lunch!



ALL ABOARD THE CIRCUS TRAIN!

Hop aboard and create a circus train that's almost too fun to eat!

Ingredients:

- Peanut butter
- Bananas
- Animal Crackers
- Peanut Butter Sandwich Crackers

Instructions:

- Cut your bananas
- Insert your animal crackers gently into the banana and push down
- Use a dab of peanut butter on the outside of your peanut butter crackers and push into the sides of the banana- these are your four wheels!



THIS OR THAT

Big top fun awaits, but you can only pick one. Which will you choose?

Clown or Magician



Ringmaster or Acrobat



Cotton Candy or Popcorn



Trapeze Artist or Lion Tamer



CLOWNING AROUND

What is a circus performer's favorite subject in school?
Juggling numbers!

Why did the clown throw his clock out of the window?
He wanted to see time fly!



Why did the clown go to the doctor?

Because he was feeling a little funny!

Why did the clown go to school?
To improve his funny business!



Why don't elephants use computers at the circus?
They're afraid of the mouse!

